



PORT

STBD

1
00:00:01,534 --> 00:00:02,535
>> Richard Mastracchio: Hi.

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00:00:02,535 --> 00:00:05,604
I'm NASA astronaut
Rick Mastracchio.

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00:00:05,604 --> 00:00:08,407
>> Michael Hopkins: And I'm
Mike Hopkins from Expedition 38

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00:00:08,407 --> 00:00:10,409
on the International
Space Station.

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00:00:10,409 --> 00:00:12,178
People often ask us
what it is like to be

6
00:00:12,178 --> 00:00:14,246
on board ISS for the holidays.

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00:00:14,246 --> 00:00:16,882
Though we miss our families,
it's great to be in space.

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00:00:16,882 --> 00:00:18,784
As astronauts, this
is what we train for,

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00:00:18,784 --> 00:00:20,486
and this is where we want to be.

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00:00:20,486 --> 00:00:22,054
Opportunities to fly
in space are rare.

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00:00:22,054 --> 00:00:25,925
So we have to take advantage

of them whenever they occur.

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00:00:25,925 --> 00:00:27,526

>> Richard Mastracchio: Like
Mike said, we are happy to be

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00:00:27,526 --> 00:00:29,228

up here orbiting
above the Earth.

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00:00:29,228 --> 00:00:31,664

If we can't be at home with our
families during the holidays,

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00:00:31,664 --> 00:00:34,733

then this is the next best place
that any of us would like to be.

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00:00:34,733 --> 00:00:36,836

The six of us up here
are like a family,

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00:00:36,836 --> 00:00:39,105

and we enjoy many
meals together.

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00:00:39,105 --> 00:00:41,774

Like most people in the US,
Thanksgiving means spending time

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00:00:41,774 --> 00:00:44,643

with my family and
enjoying a big meal.

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00:00:44,643 --> 00:00:45,611

>> Michael Hopkins:
And for my family,

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00:00:45,611 --> 00:00:47,146

we often travel during

Thanksgiving

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00:00:47,146 --> 00:00:49,548

because our relatives are spread out across the US.

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00:00:49,548 --> 00:00:53,385

It gives us a chance to catch up with loved ones and relax.

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00:00:53,385 --> 00:00:55,187

>> Richard Mastracchio: And even though Thanksgiving is a work

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00:00:55,187 --> 00:00:56,522

day here on the Space Station,

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00:00:56,522 --> 00:00:59,692

we do plan on enjoying a big meal after our work is done.

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00:00:59,692 --> 00:01:02,194

Here are a few items we've planned to prepare.

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00:01:02,194 --> 00:01:06,599

We have turkey and stuffed bread dressing.

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00:01:06,599 --> 00:01:07,967

>> Michael Hopkins: Green bean casserole is one

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00:01:07,967 --> 00:01:10,302

of my favorites, but this is dehydrated, and we kind of have

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00:01:10,302 --> 00:01:13,005

to mix it together as we eat it.

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00:01:13,005 --> 00:01:14,406

>> Richard Mastracchio:

And, of course,

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00:01:14,406 --> 00:01:17,910

we got the dehydrated asparagus
and even some baked beans here.

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00:01:19,178 --> 00:01:22,214

>> Michael Hopkins: A few
potatoes as well as bread,

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00:01:22,214 --> 00:01:24,884

but all they have to do is
be heated up in the oven.

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00:01:24,884 --> 00:01:28,721

>> Richard Mastracchio: And,
of course, no good meal is done

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00:01:28,721 --> 00:01:33,058

without some drinks and
a fantastic dessert.

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00:01:33,058 --> 00:01:35,661

>> Michael Hopkins: So we're
all very grateful to be here,

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00:01:35,661 --> 00:01:36,996

and we are thankful
for the ground team

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00:01:36,996 --> 00:01:39,565

that supports us
during the holidays.

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00:01:39,565 --> 00:01:42,768

We are grateful to the men
and women in the military,

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00:01:42,768 --> 00:01:44,270

especially to those
who are also away

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00:01:44,270 --> 00:01:47,673

from their families
on deployment.

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00:01:47,673 --> 00:01:49,175

>> Richard Mastracchio: From
the International Space Station

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00:01:49,175 --> 00:01:51,143

orbiting 260 miles
above the Earth,